VASUDEVA KRIYA YOGA

Come join us on a holistic wellness journey
for Mental, Physical & Spiritual health

What's Included:

- ✔ Asanas
- ✔ Pranayama
- ✔ Mantras
- ✔ Mudras
- ✔ Meditation
- ✔ Mindfulness talks

Term 4 : 10 Oct-19 Dec ‘26
Saturday 7:30 AM - 9:00 AM

Mount Waverley Scout Group,
19-27 Orchard Street,
Glen Waverley Vic 3150

Try one class for FREE!

$120/school term | $15/session
BSB : 013479 | Acc : 901654618

Contact us for VKY Mandir & other VKY centres/events /schedules

TUSHAR (0420 682 940)
Dr Rajendra Ji (0410 527 904)
vasudevakriyayoga@gmail.com



Visit www.vasudevakriyayoga.com
or scan for more details

Vasudevakriyayoga